



to order direct from Standard Process!

Make it easy, order the General Health Pack, 60 sachets prepackaged and counted out! One with breakfast and one with Dinner- DONE!

**Or make your own Program**

- Catalyn- Multi vitamin
- Organically Bound Minerals
- E-Z Mag
- Trace Minerals B12
- Omega-3 complex: Tuna Omega, Calamari oil, Olphrima EPA/DHA(vegan) for adults(inflammation, brain, nerve and heart health). Or just Olphrima DHA for children under 12 (brain health)
- **For people over 50!** Add B-Vitality CoQ10

**Extras:**

- **Allergy and inflammation** reduction Turmeric Forte (Higher absorption than most other tumerics on the market!)
- **Pain Relief:** Saligesic Complex (natural aspirin)
- **Sugar Control:** Diaplex and Chromium Complex